

CYBHI

Children and Youth
Behavioral Health Initiative



Quarterly Public Webinar

June 18, 2026



OFFICE OF THE
CALIFORNIA
SURGEON GENERAL



Agenda

Topic	Time
Welcome and Opening Remarks Kate Lamb & Dr. Sohil Sud	3:00 – 3:10
CYBHI Evaluation Overview and Selected Findings Mathematica	3:10 – 3:30
Healthcare Settings Panel Cal-MAP, BHCIP, Youth Mental Health Academy, Aspiranet	3:30 – 3:50
Homes & Communities Panel Youth Mental Health Academy, One New Heartbeat, CalPride, & the Indian Health Council	3:50 – 4:10
Digital Spaces Panel Youth, Caregivers, and Professionals from Soluna, BrightLife Kids, and Mirror	4:10 – 4:30
Education Settings Panel Youth CoLab, Sacramento & Riverside County Offices of Education, & Certified Wellness Coach	4:30 – 4:50
Closing Remarks Dr. Sohil Sud	4:50 – 5:00

Opening Remarks



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CYBHI Evaluation

Overview and selected findings

CYBHI Quarterly Public Webinar
June 2026

MATHEMATICA'S EVALUATION OF CYBHI

- Mathematica conducted a statewide evaluation of the Children and Youth Behavioral Health Initiative (CYBHI) on behalf of CalHHS.
- We evaluated CYBHI as a systems transformation effort and assessed how CYBHI investments are changing the behavioral health ecosystem for children and youth by:
 - Centering children, youth, and families and grounding in equity
 - Investing in promotion, prevention, and public awareness
 - Developing workforce capacity to support behavioral health
 - Investing in infrastructure to better deliver services

Are investments creating the infrastructure, workforce, and partnerships needed for sustainable behavioral health transformation?

RECENT AND UPCOMING EVALUATION REPORTS

Newly available:

- **Certified Wellness Coaches:** *Implementation Findings and Considerations for the Future*
- **CYBHI Fee Schedule Program:** *Successes and Opportunities for Continued Growth*
- **County case studies** assessing local implementation of CYBHI efforts: *Butte, El Dorado, Madera, Napa, San Bernadino, San Diego, Siskiyou, Stanislaus*

Coming soon:

- **CYBHI's Community-Level Impact on Youth Behavioral Health**
- **2026 Evaluation Report:** Analysis of statewide population health outcomes and the role of CYBHI in improving behavioral health outcomes for children, youth, and families

Also includes the CYBHI data dashboard and reports from other evaluators!

<https://cybhi.chhs.ca.gov/evaluation-hub> or search “CYBHI Evaluation Hub”

Population level outcomes for children and youth

Certified wellness coaches (CWC)

CYBHI Fee Schedule Program

FINDINGS

SELECTED KEY TAKEAWAYS
FROM RECENT PRODUCTS

Population level outcomes for children and youth

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FINDINGS

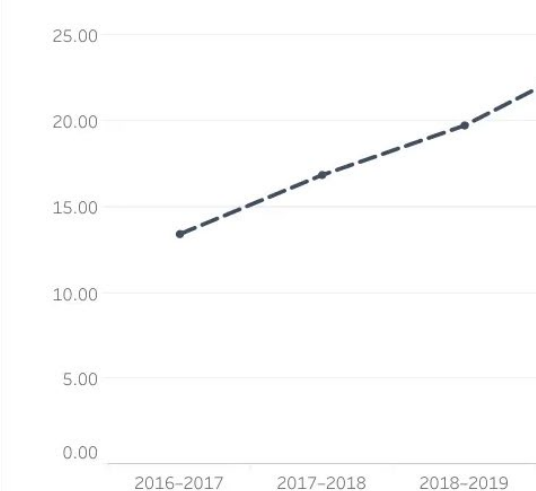
SELECTED KEY TAKEAWAYS
FROM RECENT PRODUCTS

WHAT IS HAPPENING FOR CHILDREN AND YOUTH?

- California showed meaningful progress across several CYBHI outcome areas during the evaluation period.
 - The percentage of students who received care from a counselor or therapist increased
 - The percentage of youth who experienced suicidal ideation decreased.

27. Students who received care from a counselor or therapist
Population: California
Subpopulation: All

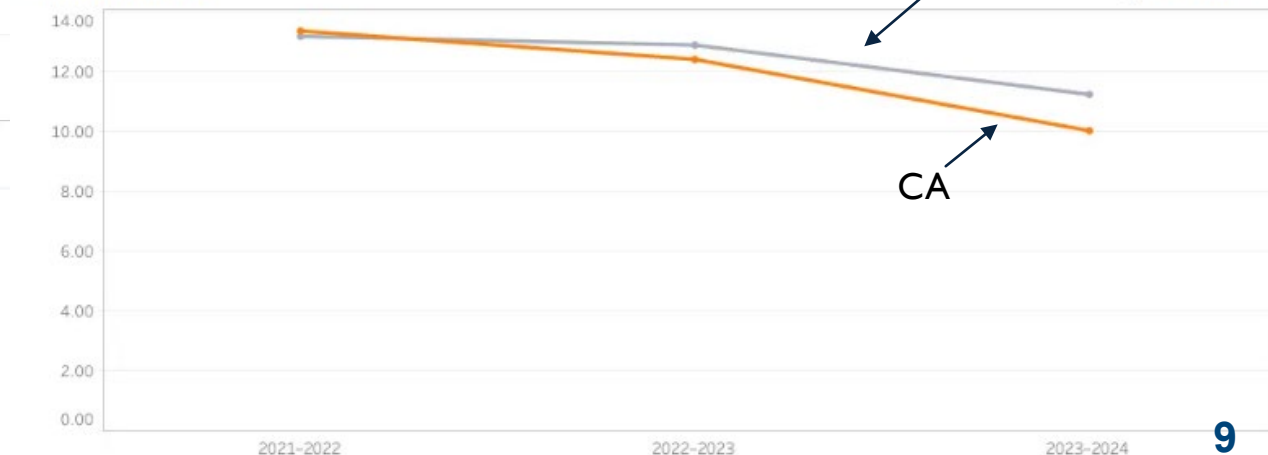
Percentage of students
Hover over a line to view details



Data source: CHKS MH Supports Module; Grades 6-12

60. Youth who had seriously thought about killing themselves in the past 12 months
Population: Age group
Subpopulation: Ages 12-17 – California & Ages 12-17 – USA

Percentage of youth
Hover over a line to view details

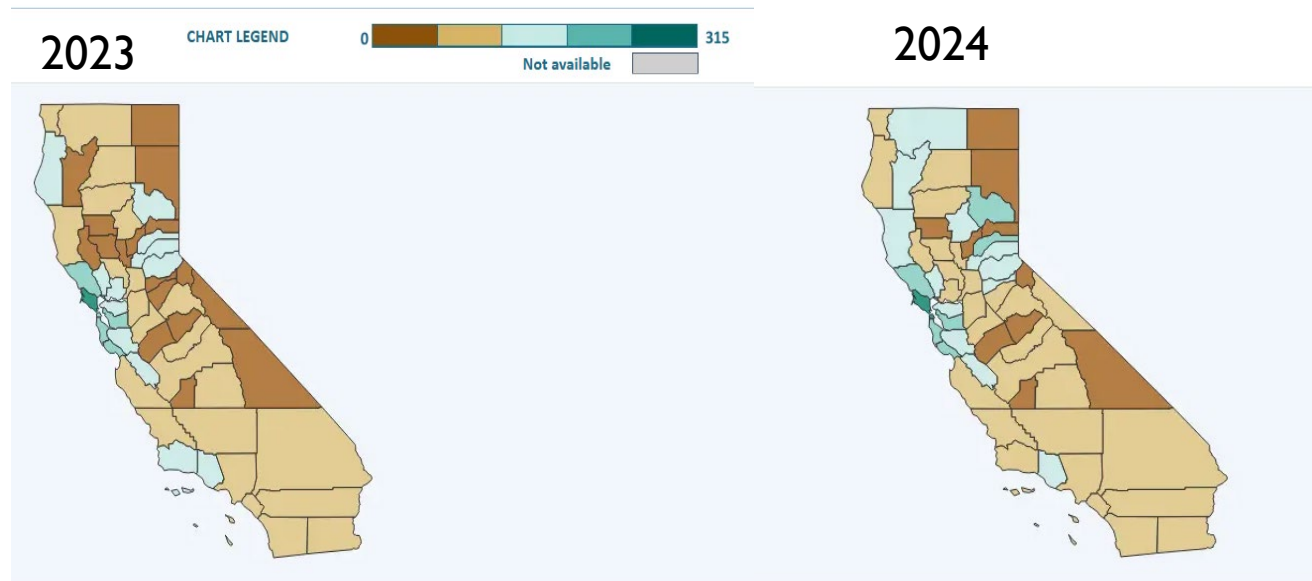


Data source: NSDUH; Ages 12-17, 18-25

WHAT IS HAPPENING FOR CHILDREN AND YOUTH?

- Progress was not experienced evenly across groups, regions, or outcome areas.
 - The number of behavioral health providers per 100,000 children increased unevenly between counties.

Number of child-serving licensed behavioral health providers per 100,000 children and youth

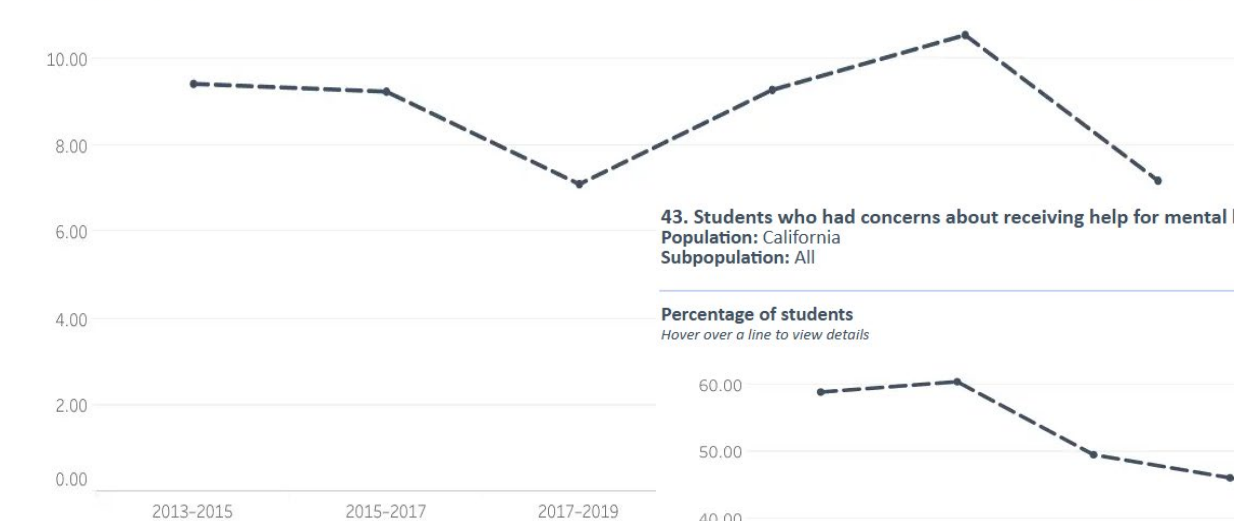


WHAT IS HAPPENING FOR CHILDREN AND YOUTH?

- Students are less frequently missing school due to mental health issues.
- Stigma about seeking support for mental health is steadily declining.

33. Students with school absences due to mental health issues
Population: California
Subpopulation: All

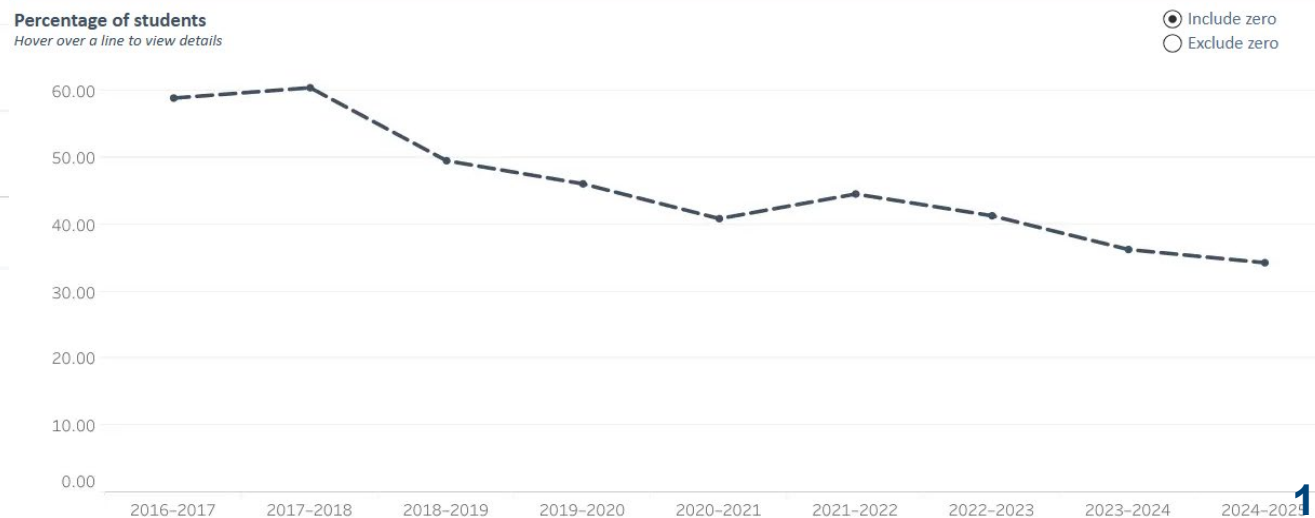
Percentage of students
Hover over a line to view details



Data source: CHKS Biennial Survey; Grades 7, 9, and 11

43. Students who had concerns about receiving help for mental health if needed
Population: California
Subpopulation: All

Percentage of students
Hover over a line to view details



Data source: CHKS MH Supports Module: Grades 6-12

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FROM RECENT PRODUCTS

KEY TAKEAWAYS - CERTIFIED WELLNESS COACHES: IMPLEMENTATION FINDINGS AND CONSIDERATIONS FOR THE FUTURE

4,000 new CWCs statewide with near statewide geographic reach

Early certification was driven by the Workforce Pathway, with opportunities to expand via the Education Pathway

Certification is building a more diverse workforce

Individuals being certified are from diverse backgrounds and cultures with opportunities to expand among men, individuals of Asian descent, and individuals in rural communities

Scholarships are increasing linguistic diversity in the workforce

Recipients represented nineteen languages, with one-quarter able to provide services in Spanish

Early indication of benefits for students and schools

Improvements in student belonging, safety, emotional regulation, and attendance as well as increased school capacity to meet student behavioral health needs

Organizational capacity and readiness matter

Supportive school leadership, strong staff buy-in, established behavioral health programming, wellness centers, adequate administrative and billing infrastructure, and intentional integration into existing tiered behavioral health frameworks.

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KEY TAKEAWAYS - CYBHI FEE SCHEDULE PROGRAM: SUCCESSES AND OPPORTUNITIES FOR CONTINUED GROWTH

Nearly 1,000 entities participating;
\$10 million in new revenue to LEAs

Six cohorts, 484 lead/independent LEAs/IHEs, 505 consortia participants. Nearly 42,000 students had received a service that was reimbursed through a claim representing over \$10 million in new revenue for LEAs/IHEs (as of May 2026).

Recent growth in claims activity

Since report was written, revenue increased to \$11.37 million in just one month, signifying the rapid growth of claim activity among participating LEAs/IHEs.

Operational readiness is critical

Sites that paired clinical expertise with billing vendor support and built on existing documentation and service infrastructure were better able to translate requirements into workable local systems.

Local needs often extend beyond Fee Schedule-specific technical assistance

The program's flexible design allows sites to tailor implementation to local context, which requires local decisions, such as establishing staffing models, workflow design, vendor selection, and financial management.

Revenue is supporting expansion and increased service delivery

Sites are using revenue to sustain and expand staffing, strengthen wellness center operations, and increase service delivery.

KEY TAKEAWAYS

- Consistent evidence that CYBHI is:
 - Expanding access
 - Growing workforce capacity
 - Strengthening collaboration
 - Building infrastructure for long-term sustainability
- Continuing to build on population-health outcomes will require:
 - Successfully transforming from program expansion and reach to durable systems transformation.
 - Counties that appear furthest along were counties that created systems capable of sustaining over time, including billing and referral infrastructure, wellness centers, and blended/braided funding approaches.

HOW TO LEARN MORE ABOUT OUR FINDINGS

The evaluation is publishing several reports prior to the conclusion of Mathematica's evaluation on the CYBHI Evaluation Hub:

Now available:

CYBHI data dashboard

County case studies:

Butte, El Dorado, Siskiyou, Stanislaus

Special topic report: Certified Wellness Coaches

Coming soon:

Additional county case studies:

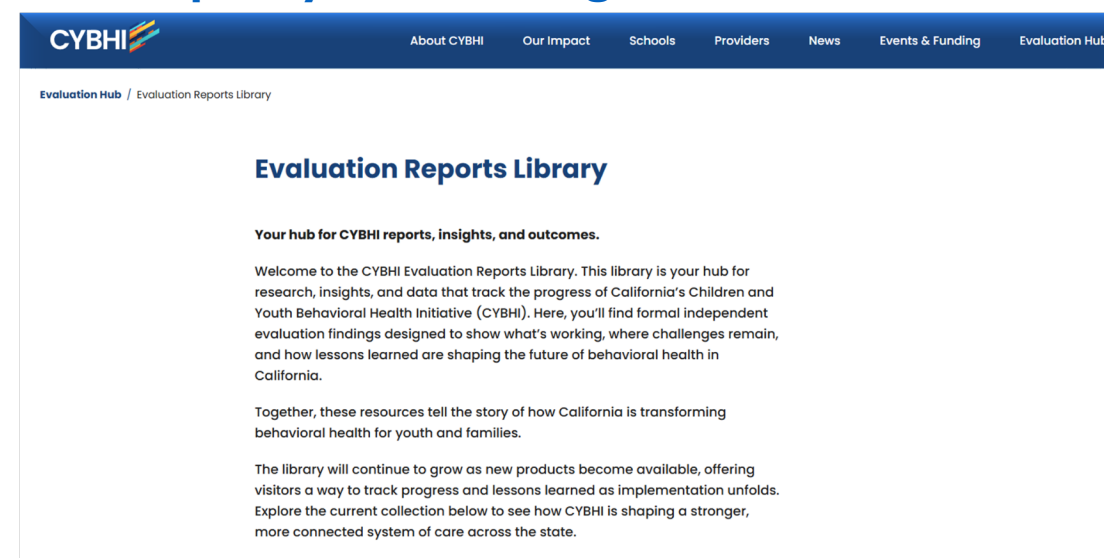
Madera, Napa, San Bernadino, San Diego

Special topic report: CYBHI Fee Schedule Program

2026 Evaluation report

CYBHI Evaluation Hub

<https://cybhi.chhs.ca.gov/evaluation-hub/>



cybhievaluation@mathematica-mpr.com

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HEALTHCARE SETTINGS PANEL



Khoa-Nathan Ngo, Moderator
Youth Fellow
Children and Youth Behavioral Health Initiative

Salma Kidwai
UCLA Psychology Undergraduate
Youth Mental Health Academy Alumni

Joan Jeung, MD, MPH
Clinical Professor, Department of Pediatrics
University of California, San Francisco (UCSF) School of Medicine
Senior Associate Director
Cal-MAP (California Child and Adolescent Mental Healthcare Access Portal)

Dustin Pack
Core Program Coordinator, Transitional Aged Youth
Aspiranet

Anastasia
Youth Counselor
Aspiranet

Fatima Latifi
Youth Partner
Aspiranet

HOMES & COMMUNITIES PANEL

Camara Christian, Moderator
CSUF President's Scholar
Youth Mental Health Academy Alumni

Waynette D. Brock, RADT, CPMC-T
Chief Executive Officer, Board Chair & Founding Member
One New Heartbeat

Salma V. Torres
VP of Training and Youth Initiatives
CalPride

Raven
Youth Representative
Indian Health Council

Autumn Bolyan
Deputy Director
Department of Health Care Services



DIGITAL SPACES PANEL

Setareh Harsamizadeh Tehrani, Moderator
Youth Co-Lab Leader, Young Adult Advisor for Take Space to Pause and Live Beyond Campaigns

Ruchita Verma
Lead Youth Ambassador
Soluna App

Michael P. Milham, MD, PhD
Chief Science Officer, the Mirror App
Child Mind Institute

Anne Herjeczki
Caregiver User
BrightLife Kids App



EDUCATION SETTINGS PANEL



Chizu Ukachi-Nwata (he/him/his), Moderator
Youth Co-Lab Leader, Young Adult Advisor for Take Space to Pause
and Live Beyond Campaigns

Juan Perez
Certified Wellness Coach
5 Peaks Youth Solutions

Mai Xi Lee, Ed.D.
Social Emotional Learning Director,
Sacramento County Office of Education

Monica Yañez, LCSW, PPSC
Administrator, Student Behavioral Health and Support
Riverside County Office of Education

WHERE WE GO FROM HERE

STAY CONNECTED

CYBHI
California Youth Behavioral Health Initiative

Continue to visit [CYBHI website](#)

- Receive the latest CYBHI reports
- Be directed to existing programs, including the CYBHI Fee Schedule program, Certified Wellness Coaches, Soluna and BrightLife Kids.

To learn more about activities underway through the Behavioral Health Services Act, visit [Mental Health for All](#)

- CA Dpt of Health Care Services
[website](#) | [list-serv](#) | BHTinfo@dhcs.ca.gov
- CA Dpt of Public Health
[website](#) | [list-serv](#) | BHSAinfo@cdph.ca.gov
- CA Dpt of Health Care Access and Information
[website](#) | [list-serv](#) | behavioralhealthworkforce@hcai.ca.gov

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