
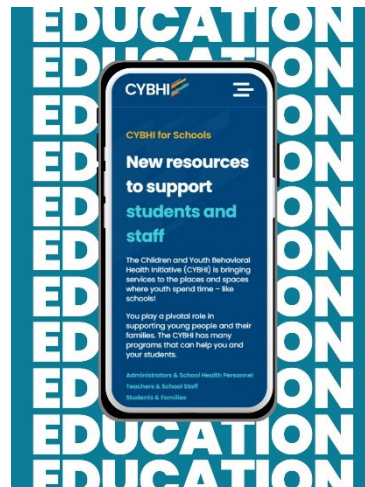
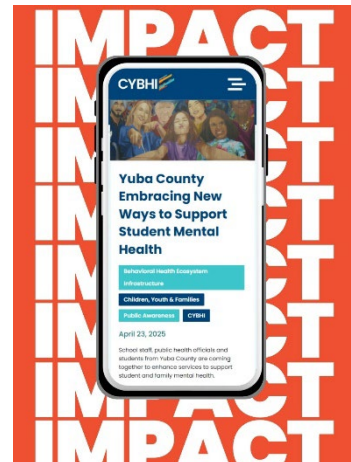


2025 Back to School Season Digital Toolkit

**Each graphic is hyperlinked to a downloadable video file.*

Copy	Graphic
<p>🔔 Calling all school staff! Discover free digital apps and printable resources to support the mental health of the children and youth in your care. Learn more: https://bit.ly/2025BTSTools</p>	
<p>Have questions about how California's Children and Youth Behavioral Health Initiative is supporting students and staff? Check out the CYBHI 'schools' webpage to learn more: #BacktoSchool https://cybhi.chhs.ca.gov/education/</p>	
<p>Districts across the state are creating safe and welcoming spaces to support student and family mental health. Meet educators, public health officials and students feeling the impact in Yuba County. https://cybhi.chhs.ca.gov/yuba-county-support-student-mental-health/ #BacktoSchool</p>	

More than 2,500 Wellness Coaches have been certified to support students before a crisis. Learn more about how they are making an impact in Tehama County.

<https://cybhi.chhs.ca.gov/coaching-california-school-mental-health/>

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And just like that, we're back to school! Looking for lesson plans to help students and staff manage stress? We've got you covered! This "Dear Stress" toolkit includes a one-pager, poster and slide deck featuring three simple strategies to help youth.

<https://osg.ca.gov/dearstresstoolkit/>

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