



CYBHI

CYBHI for Schools

Making it easier for students, teachers, and school staff to get behavioral health support when, where, and how they need it



The Children and Youth Behavioral Health Initiative (CYBHI) is bringing services to the places and spaces where youth spend time – like schools!

You play a pivotal role in supporting young people and their families. The CYBHI has many programs that can help you and your students.

[Check the website for the latest information and opportunities:](https://cybhi.chhs.ca.gov/upcoming-events/)

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ADMINISTRATORS & SCHOOL HEALTH PERSONNEL

Certified Wellness Coaches

Certified Wellness Coaches provide care to young people through prevention and early-intervention services. These services support overall physical, emotional, and mental well-being. Coaches supplement the efforts of existing professionals, allowing them to focus on children with more complex needs.

[ADD A CERTIFIED WELLNESS COACH TO YOUR TEAM](#)

Increasing Access to Care Services

[The Statewide Multi-Payer Fee Schedule](#) provides a sustainable funding source for school-linked behavioral health services and creates a more approachable billing model for schools and local educational agencies. [Funding is being distributed](#) to all 58 County Offices of Education to help schools successfully implement this program.

[LEARN MORE](#)

Student Behavioral Health Incentive Program

This program strengthens relationships between Medi-Cal Managed Care Plans, County Offices of Education, Local Education Agencies, and county behavioral health stakeholders to break down silos and improve access to and coordination of behavioral health services for students in need.

[LEARN MORE](#)

Gather Real-Time Data

Through an online tool, schools and districts can rapidly obtain data on how their students, staff, and families are experiencing social-emotional learning, climate, culture, and well-being. The tool is available for free for a limited time to California schools in partnership with Kelvin Education.

[SIGN UP TO GET STARTED](#)

Scaling What Works

Schools and community organizations are expanding activities rooted in evidence to improve access to critical behavioral health interventions, including those focused on parent/caregiver support, early intervention, trauma-informed practices, and youth-driven programs.

[LEARN ABOUT FUNDED PROGRAMS AND OPPORTUNITIES](#)

Crisis and Wraparound Services for Suicide Prevention

Ten counties are developing and testing models for rapidly reporting and comprehensively responding to youth suicides and suicide attempts. County-level programs are providing crisis services and follow-up supports within school and community settings.

[LEARN MORE](#)

Provider Consultation with a Behavioral Health Specialist

Through the California Child and Adolescent Mental Health Access Portal (Cal-MAP), school-based clinicians can access real-time, no-cost, direct-connect consultation with behavioral health specialists (e.g., psychiatrists, psychologists, and social workers) for questions regarding screening, diagnosis, and treatment.

[SCHOOL HEALTH PROVIDERS: REQUEST A CONSULTATION TODAY](#)

TEACHERS & SCHOOL STAFF

Safe Spaces: Trauma-Informed Training

Safe Spaces is a free, online training designed to help TK-12 educators and other school personnel recognize and respond to trauma and stress in children. The voluntary training is self-paced and consists of three modules, two hours each, focusing on three age groups: ages 0-5, 5-11, and 12-18. Training is available in English and Spanish.

[TAKE THE TRAINING](#)

Three Free Teaching Tools

The CalHOPE Schools Initiative offers three free, powerful resources to California educators: *A Trusted Space: Redirecting Grief to Growth*; *Angst: Building Resilience*; and *Stories of Hope: SHORTS*. Watch these transformational films that speak to the heart of social and emotional needs and access customized curriculum and guides that help teachers, students, and families navigate their journey to personal well-being.

[USE IN YOUR CLASSROOM](#)

Free Professional Development about Social-Emotional Learning

Developed by UC Berkeley, six social-emotional learning modules, as well as a mini-course, can be accessed at no cost by any education professional or community member in California.

[SIGN UP](#)

Room to Breathe: Communities of Practice

Led by UC Berkeley, this community of practice is designed to deepen understanding of how evidence-based mindfulness and well-being practices can bring deeper connection to your work and your school community.

[JOIN AN UPCOMING SESSION](#)

CalHOPE Social-Emotional Learning Community of Practice

Leaders from all 58 County Offices of Education are participating in a statewide SEL Community of Practice, which aims to build leadership to strengthen SEL in schools across the state.

[VISIT THE LEARNING HUB](#)

STUDENTS & FAMILIES

BrightLife Kids and Soluna

Two new free, web- and app-based platforms provide coaching and resources to meet the distinct needs of kids and young adults by age group. BrightLife Kids is for parents or caregivers and kids 0-12 years old. Soluna is for teens and young adults ages 13-25. Families with multiple children whose ages span 0-25 can use both platforms to meet their needs.

[DOWNLOAD THE APPS](#)

Positive Parenting, Thriving Kids

This free video series features more than 150 caregivers, kids, and experts talking about some of the most pressing, confusing, and challenging questions that parents face. Designed to help boost kids' resilience and well-being, the series covers a wide range of topics, including schoolwork, technology, and difficult situations such as death and grief. Available in English and Spanish.

[WATCH THE VIDEOS](#)

CalHOPE Animated Shorts for Young People

Cool animated shorts unpack the real deal about asking for help, vibing with the strength of community, and embracing the shared human experience with compassion and understanding.

[WATCH THE VIDEOS](#)

Never a Bother Suicide Prevention Campaign

More than 400 California young people helped shape this powerful movement to help youth know that they're not alone, that it's normal to have conversations about mental health and suicide, and that they should reach out for help whenever they need it. The campaign reinforces that you are never a bother when you're seeking support – especially for something as important as your life.

[CHECK OUT RESOURCES](#)

Youth Mental Health Academy

The Youth Mental Health Academy, a 14-month, community-based career-development program for high school students, provides a pathway to exploring careers in behavioral health. Students benefit from mentorship, paid project-based learning, and paid internships in mental health fields.

[JOIN AN UPCOMING COHORT](#)

Live Beyond: ACEs Healing-Centered Campaign

Adverse Childhood Experiences (ACEs) don't define us, but they can have a lasting impact on our mental and physical health and even our relationships. ACEs don't define us, but they can have a lasting impact on our mental and physical health and even our relationships. ACEs don't define us, but they can have a lasting impact on our mental and physical health and even our relationships. ACEs don't define us, but they can have a lasting impact on our mental and physical health and even our relationships.

[CHECK OUT THE CAMPAIGN](#)